

*Menu subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| | | 1 Assorted cereal/mini orange loaf OR Surprise! Variety of fruit 100% fruit/veg juice | 2 Combo bar/yogurt OR Cottage cheese cup/warm churro Variety of fruit 100% fruit/veg juice | 3 Sausage round OR Warm bagel/cream cheese Variety of fruit 100% fruit/veg juice |
| 6 Cereal bar/cheese stick OR Assorted cereal/pop-tart Variety of fruit 100% fruit/veg juice | 7 Strawberry smoothie/banana bread OR Egg & bacon breakfast toast Variety of fruit 100% fruit/veg juice | 8 Egg and cheese biscuit OR Sausage pancake on a stick Variety of fruit 100% fruit/veg juice | 9 Fruited oatmeal cup/cinnamon nuggets OR Assorted cereal/cinnamon nuggets Variety of fruit 100% fruit/veg juice | 10 Warm pancakes/syrup OR Assorted cereal/hard boiled egg Variety of fruit 100% fruit/veg juice |
| 13 Mini donuts OR Assorted cereal/yogurt Variety of fruit 100% fruit/veg juice | 14 B&C scramble/mini cinnamon roll OR Cherry smoothie/mini cinnamon roll Variety of fruit 100% fruit/veg | 15 Breakfast pizza OR Co-Co wheats hot cereal/pop-tart Variety of fruit 100% fruit/veg juice | 16 Ham and cheese omelet/golden hash browns OR Assorted cereal/golden hash browns Variety of fruit 100% fruit/veg juice | 17 Dutch waffle/fresh berries OR Fruited yogurt parfait/granola Variety of fruit 100% fruit/veg juice |
| 20 Apple bosco stick OR Mini chocolate chip French toast Variety of fruit 100% fruit/veg juice | 21 Warm glazed donut OR Assorted cereal/cinnamon graham crackers Variety of fruit 100% fruit/veg juice | 22 NO SCHOOL THANKSGIVING BREAK | 23 NO SCHOOL THANKSGIVING BREAK | 24 NO SCHOOL THANKSGIVING BREAK |
| 27 Mini pancakes OR Uncrustables Variety of fruit 100% fruit/veg juice | 28 Ham & cheese taco-go OR Cinnamon breakfast cookie/go-gurt Variety of fruit 100% fruit/veg juice | 29 Biscuits/sausage country gravy OR Surprise! Variety of fruit 100% fruit/veg juice | 30 Scrambled eggs/toast OR Assorted cereal/toast Variety of fruit 100% fruit/veg juice | |

Monday
Tuesday
Wednesday
Thursday
Friday

National Calzone Day 1
 Mini Calzones
 OR
 Sizzling beef & chicken fajitas
 Cheesy broccoli/cauliflower
 Fresh pineapple/raspberries
 Fruit/veggie bar

Walking taco 2
 OR
 BBQ chicken pizza
 Steamed corn
 Sweet mandarin oranges
 Fruit/veggie bar

Pulled pork nachos 3
 OR
 Surprise!
 Cilantro black bean corn salsa
 Citrus fruit mix
 Frozen dessert
 Fruit/veggie bar

Italian grilled chicken patty on bun 6
 OR
 Hot dog on bun
 Carrot & celery sticks
 Strawberry cup
 Fruit/veggie bar

Hoagie 7
 OR
 Ham potato soup/mozzarella cheese sticks
 Baked Lays
 Blushing pears
 Fruit/veggie bar

Stuffed crust cheese pizza 8
 OR
 Mozzarella meatball sub
 Seasoned green beans
 Fresh honeydew/blueberries
 Fruit/veggie bar

Beefy enchilada bake 9
 OR
 Mandarin orange chicken/rice
 Refried beans
 Very cherry fruit cocktail
 Fruit/veggie bar

National Vanilla Cupcake Day
 Popcorn chicken
 Breaded beef sticks
 Golden hash browns
 Diced peaches
 Vanilla cupcake
 Fruit/veggie bar

Cheese bread dunkers/sauce 13
 OR
 Turkey BLT croissant
 Steamed broccoli
 Red grape clusters
 Fruit/veggie bar

Chicken nuggets 14
 OR
 Corn dog nuggets
 Macaroni and cheese
 Edamame
 Frogeye salad
 Fruit/veggie bar

Sweet and sour cherry blossom chicken/rice blend 15
 OR
 Tortilla taco soup/honey corn bread
 Dill sliced cucumbers
 Dark cherries
 Fruit/veggie bar

Happy Early Thanksgiving 16
 Sliced turkey/dinner roll
 OR
 Glazed ham patties/dinner roll
 Cheesy potatoes
 Fresh fruit medley
 Pumpkin dessert
 Fruit/veggie bar

Hamburger on bun 17
 OR
 Pork carnitas/warm tortilla
 Curly fries
 Rosy applesauce
 Fruit/veggie bar

Chicken fried chicken/dinner roll 20
 Breaded pork steak on bun
 Mashed potatoes/gravy
 Blueberries
 Fruit/veggie bar

Crispitos/cheese sauce 21
 OR
 Chicken broccoli cheese soup bread bowl
 French fries
 Warm apple crisp
 Fruit/veggie bar

NO SCHOOL 22
THANKSGIVING BREAK

NO SCHOOL 23
THANKSGIVING BREAK

NO SCHOOL 24
THANKSGIVING BREAK

Pepperoni pizza 27
 OR
 Chicken lettuce wraps
 Fresh spinach/raspberries
 Fresh red apple
 Fruit/veggie bar

National French Toast Day 28
 French toast/sausage patty
 OR
 Chili/warm blueberry muffin
 Seasoned fries
 Strawberries and cream
 Fruit/veggie bar

Creamed chicken/warm biscuit 29
 OR
 Ham and swiss on pretzel bun
 Sweet peas
 Dried fruit delight
 Fruit/veggie bar

Teriyaki chicken/quinoa 30
 OR
 Queso beef Philly flatbread
 Veggie salad
 Fresh banana
 Jell-O
 Fruit/veggie bar



It's fall time leaves are changing the weather is getting cool and it's a great time to have a hot bowl of soup for lunch. This month we are serving up delicious soup once a week so come on in from the cold and try some soup for lunch. Have a great Thanksgiving break and enjoy this time with family and friends.

***This institution is an equal opportunity provider**